

**WHAT IS CLAIMED IS:**

1. A jogging machine comprising:

a base rested on the ground and provided with two guide slots symmetrical to each other;

a jogging platform;

an urging frame having a main support rod, an auxiliary support rod parallel to said main support rod, two side support rods connecting said main support rod and said auxiliary support rod, an input member mounted on said main support rod, and two rollers mounted on two ends of said auxiliary support rod, said urging frame being pivotally mounted on said jogging platform at said main support rod thereof , said two rollers of said urging frame being slidably disposed in said guide slots to slide therein back and forth;

a linear actuator disposed on said jogging platform and connected with said input member of said urging frame to actuate said input member to enable said urging frame to swivel; and

at least one pull rod which is pivoted at two ends thereof with said main support rod and said base.

2. The jogging machine as defined in claim 1, wherein said base has two parallel base rods; wherein said two guide slots are disposed in an inner wall of the front segment of said two base rods.

3. The jogging machine as defined in claim 1 further comprising a handrail frame which has two support rods

parallel to each other and being disposed on the top of the front segment of said two base rods of said base, said handrail frame further having a cross rod connecting said two support rods, two hand grips disposed on the top ends of said two support rods, and a fastening lock disposed on one of said support rods.

4. The jogging machine as defined in claim 1, wherein said jogging platform has a base frame which has two side rods parallel to each other, two rollers disposed between said two side rods, a jogging belt running through said two rollers, and a drive device having an electric motor for driving said two rollers.

5. The jogging machine as defined in claim 4, wherein said main support rod of said urging frame is pivoted at both ends thereof with a pivoting seat of the underside of said side support rods of said jogging platform, thereby enabling said urging frame to swivel on an axis of said main support rod.

6. The jogging machine as defined in claim 1, wherein said linear actuator includes a motor, and a speed changing output member which has a transmission shaft and a driven member fitted over said output shaft, said transmission shaft being a guide threaded rod, said driven member being a threaded sleeve, said driven member capable of moving along the axial direction of said transmission shaft at the time when said transmission shaft turns, said linear actuator being

mounted pivotally on said urging member such that said driven member is pivoted to said input member of said urging frame.